

Child Care Health Consultation Lesson Plan

Contractor Name: Submitted by Springfield Greene County Health Dept

Date Submitted: April 2, 2015

☐ **Children's Health Promotion**

**Adult Training on
Content Area V:
Health and Safety**

Health and Safety Standards

Training Levels

☐ Promoting Risk Management Practices

☐ 1 ☒ 2 ☐ 3 ☐ 4 ☐ 5

☐ Protecting Children and Youth

Source:

Core Competencies for Early
Childhood and Youth Development
Professionals
(Kansas and Missouri), 2011

**Select one
standard and one
level**

☒ Promoting Physical Health

☐ Promoting Mental Health

☐ Promoting Healthy Eating

Title: ABC's of Secondhand Smoke

Training Goal: Child Care Providers will recognize harmful effects of children being exposed to secondhand smoke

Learning Objective(s): Participants will

- Recognize health dangers of secondhand smoke
- Model to children healthy behaviors (no smoking in front of the children)
- Not expose children in their care to secondhand smoke
- Acquire skills to inform parents about dangers of secondhand smoke to children

Topical Outline of Content	Training Method(s)	Time (in minutes)
Definitions and examples of how children are exposed to second hand smoke. (Optional pre-test)	Lecture/discussion	20
Health hazards of second hand smoke	Lecture/discussion	20
Poisoning Your Children: The Perils of Second Hand Smoke (or suitable video clip may be substituted)	Video/discussion	20
Educational and teaching materials for children	Handouts/discussion	20
Educational and teaching resources for parents	Handouts/discussion	20
Review & Wrap up (optional post-test)	Lecture/discussion	20

Method(s) of Outcome Evaluation: Pre and Post test may be given; Participants' discussion and responses to lecture and resource materials

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APPROVED FOR 2 CLOCK HOURS

Date Approved:
April 2, 2015

Authorized Approval Signature:



Date Expires:
April 2018